

April is in honor of the
Holy Eucharist

Raccolta #178—An Act of Adoration and Reparation

An indulgence of 7 years. A Plenary Indulgence once a month on the usual conditions for its daily recitation (S. C. of Rites, Aug. 26, 1814; S. P. Ap., Feb. 25, 1933).

- I. I adore Thee profoundly, O my Jesus, in Thy sacramental form; I acknowledge Thee to be true God and true Man, and by this act of adoration I intend to atone for the coldness of so many Christians who pass before Thy churches and sometimes before the very Tabernacle in which Thou art pleased to remain at all hours with loving impatience to give Thyself to Thy faithful people, and do not so much as bend the knee before Thee, and who, by their indifference proclaim that they grow weary of this heavenly manna, like the people of Israel in the wilderness. I offer Thee in reparation for this grievous negligence, the Most Precious Blood which Thou didst shed from Thy five wounds, and especially from Thy sacred Side, and entering therein, I repeat a thousand times with true recollection of spirit:

**O Sacrament most holy! O Sacrament divine!
 All praise and all thanksgiving, be every moment Thine!
 Please say: Our Father, Hail Mary, Glory be.**

- II. Profoundly I adore Thee, my Jesus; I acknowledge Thy presence in the Blessed Sacrament, and by this act of adoration I intend to atone for the carelessness of so many Christians who see Thee carried to poor sick people to strengthen them for the great journey to eternity, and leave Thee unescorted, nay, who scarcely give Thee any outward marks of reverence. I offer Thee in reparation for such coldness, the Most Precious Blood which Thou didst shed from Thy five wounds

and especially from Thy sacred Side, and entering therein I say again and again with my heart full of devotion:

**O Sacrament most holy! O Sacrament divine!
All praise and all thanksgiving, be every moment Thine!
Our Father, Hail Mary, Glory be.**

III. Profoundly I adore Thee, my Jesus, true Bread of life eternal, and by my adoration I intend to compensate Thee for the many wounds which Thy Heart suffers daily in the profaning of churches where Thou art pleased to dwell beneath the sacramental veils to be adored and loved by all Thy faithful people; and in reparation for so many acts of irreverence, I offer Thee the Most Precious Blood which Thou didst shed from Thy five wounds and especially from Thy sacred Side, and entering therein with recollected spirit I repeat every instant:

**O Sacrament most holy! O Sacrament divine!
All praise and all thanksgiving, be every moment Thine!
Our Father, Hail Mary, Glory be.**

IV. Profoundly I adore Thee my Jesus, the living Bread which cometh down from heaven, and by this act of adoration, I intend to atone for all the many acts of irreverence which are committed all the day long by Thy faithful when they assist at Holy Mass, wherein through Thine exceeding love Thou doest renew in an unbloody manner the self-same sacrifice which Thou didst once offer on Calvary for our salvation. I offer Thee in atonement for such base ingratitude the Most Precious Blood which Thou didst shed from Thy five wounds and especially from Thy sacred Side, and entering therein with sincere devotion, I unite my voice to that of the Angels who stand around Thee in adoration, saying with them:

**O Sacrament most holy! O Sacrament divine!
All praise and all thanksgiving, be every moment Thine!
Our Father, Hail Mary, Glory be.**

v. Profoundly I adore Thee, my Jesus, true Victim of expiation for our sins, and I offer Thee this act of adoration to atone for the sacrilegious outrages Thou dost suffer from so many ungrateful Christians who dare to draw near to receive Thee with mortal sin upon their souls. In reparation for such hateful sacrileges I offer Thee the last drops of Thy Most Precious Blood, which Thou didst shed from Thy sacred wounds and especially from the wound in Thy sacred Side, and entering therein with a devout heart, I adore Thee, I bless and I love Thee, and I repeat with all the hearts who are devoted to the Blessed Sacrament:

**Sacrament most holy! O Sacrament divine!
All praise and all thanksgiving, be every moment Thine!
Our Father, Hail Mary, Glory be.**

Raccolta #181

Behold, O my most loving Jesus, how far Thine exceeding love hath reached! Of Thine own Flesh and Most Precious Blood Thou hast prepared for me a divine table in order to give Thyself wholly to me. What hath impelled Thee to such transports of love? Nothing else surely save Thy most loving Heart. O adorable Heart of my Jesus, burning furnace of divine charity, receive my heart within Thy most Sacred Wound; to the end that in this school of love, I may learn to make a return of love to the God who hath given me such wondrous proofs of His love. Amen.

An indulgence of 500 days. A Plenary Indulgence once a month on the usual conditions for the daily recitation of this prayer (Secr. Mem., Feb. 9, 1818; S. P. Ap., July 15, 1932).

Raccolta #182

O my Lord Jesus Christ, who for the love Thou bearest mankind, dost remain night and day in this Sacrament, all full of tenderness and love, expecting, inviting and receiving all those who come to visit Thee; I believe that Thou art present in the Sacrament of the altar; I adore Thee from the depths of my own nothingness and thank Thee for all the favors Thou hast bestowed upon me; and especially for having given me Thyself in this Sacrament, and Thy most holy Mother Mary as my advocate; and for having called me to visit Thee in this church. I pay my homage this day to Thy most loving Heart and this I intend to do for three intentions; first, in thanksgiving for this great gift; secondly, in reparation for all the insults Thou hast received from Thine enemies in this Sacrament; thirdly, by this visit I intend to adore Thee in all places upon the earth, where Thou art least adored and most neglected in Thy Sacrament.

My Jesus, I love Thee with my whole heart. I repent of having in the past so many times displeased Thine infinite goodness. I purpose with the help of Thy grace never more to offend Thee in the future; and at this moment, wretched as I am, I consecrate myself wholly to Thee. I give to Thee and utterly renounce my entire will, all my affections, all my desires, and all that I possess. From this day forth, do with me and with all that is mine whatever is pleasing in Thy sight. I ask and desire only Thy holy love, final perseverance and the perfect fulfillment of Thy will. I commend to Thee the souls in Purgatory, especially those who were most devoted to this Blessed Sacrament and to Blessed Mary; I commend to Thee in like manner all poor sinners. Finally, my dear Saviour, I unite all my affections with those of Thy most loving Heart,

and thus united I offer them to Thine Eternal Father, and I pray Him in Thy name graciously to accept and answer them for love of Thee.

(Written by: St. Alphonsus M. de' Liguori)

The faithful who devoutly recite this prayer in the presence of the Blessed Sacrament, are granted: An indulgence of 5 years. A Plenary Indulgence once a month if its daily recitation is persevered in for the entire month and, in addition, make their confession, receive Holy Communion and pray for the intentions of the Sovereign Pontiff (Pius IX, Rescript in his own hand, Sept. 7, 1854; S. P. Ap., Feb. 25, 1933).

Raccolta #183

I adore Thee, O Jesus, true God and true Man, here present in the Holy Eucharist, humbly kneeling before Thee and united in spirit with all the faithful on earth and all the blessed in heaven. In deepest gratitude for so great a blessing, I love Thee, my Jesus, with my whole heart, for Thou art all perfect and all worthy of love. Give me grace nevermore in any way to offend Thee, and grant that I, being refreshed by Thy Eucharistic presence here on earth, may be found worthy to come to the enjoyment with Mary of Thine eternal and ever-blessed presence in heaven. Amen.
An indulgence of 3 years once a day (S. C. of the Holy Off., March 18, 1909; S. P. Ap., Oct. 30 1934).

Raccolta #168—The Holy Hour

The faithful, who take part for an entire hour in the public exercise known as the "Holy Hour," in any church, public or semi-public oratory (if they may lawfully make use of the latter), in order to venerate the Passion and Death of Jesus Christ, and to worship and meditate upon the burning love whereby He was led to institute the Holy Eucharist, may gain:

A Plenary Indulgence, provided that they atone for their sins in Sacramental Confession, receive Holy Communion and pray for the intentions of the Sovereign Pontiff. Those, who being at least contrite, perform this pious exercise, whether publicly or privately, may gain: An indulgence of 10 years

(Secr. Mem., Feb. 14, 1815 and Apr. 6, 1816; S. C. Ind., June 18, 1876: S. P. Ap., Mar. 21, 1933)